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All About ABLE Accounts

What are ABLE Accounts?

Established more than a decade ago, ABLE accounts are savings and/or investment options which allow qualified individuals with disabilities to save up to \$100,000 without losing eligibility for Social Security and other government benefits. Medicaid eligibility is retained regardless of the account balance. Interest earned is tax-free.

As of September 2024, there were 187,210 ABLE accounts open with \$2.189 billion in assets saved.

Who is eligible for ABLE Accounts?

ABLE account programs are currently available in most states and are open to individuals nationwide with a disability that onset before age 26. Starting on January 1, 2026, eligibility for ABLE accounts will expand to include individuals with a disability that onset before age 46, potentially benefiting an additional 6 million people.

What can ABLE Account savings be used for?

Savings can be used for qualified disability expenses such as education, health care, transportation, and housing.

Are there other rules I should know about?

- Individuals with disabilities can contribute up to \$19,000 to ABLE accounts in 2025 and \$19,000 a year, up from \$18,000 in 2024.
- Employed individuals with disabilities can save additional earnings in ABLE accounts beyond the gift tax limit, provided they do not contribute to a retirement plan and meet other requirements.
- Workers with disabilities in the 48 contiguous states can save up to \$15,060 in earnings in ABLE accounts above the gift tax limit. This limit is higher for residents of Alaska (\$18,810) and Hawaii (\$17,310).